



MEDIA ADVISORY

For Immediate Release

All Media Houses

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MPUMALANGA IS READY TO HOST SENIOR CITIZENS AHEAD OF THE NATIONAL ACTIVE AGEING PROGRAMME

As Mpumalanga prepares for the National active ageing programme, the Premier, Ms Refilwe Mtshweni-Tsipane says the province is ready to host all the participants. Dozens of senior citizens representing various provinces will participate in the two-day programme, scheduled to take place this week.

The programme is coordinated by the National department of Social Development, in partnership with the Provincial Government. It seeks to achieve the objectives envisioned by the World Health Organisation (WHO), which include amongst others:

- Older persons and development;
- Advancing health and wellbeing into old age;
- Ensuring enabling and supportive environments.

Premier Mtshweni-Tsipane says Mpumalanga is reputable of playing host to major events, and the National Active Ageing Programme will be no exception. She says the programme is vital to promote measures aimed at addressing challenges associated with population ageing. "There is enough evidence to prove that active ageing maintains a healthy and a quality of life for all people. This extends to those who are frail and in need of care. We are excited to host the programme to give effect to the stated objectives," asserts the Premier.

As part of the programme, senior citizens will participate in a range of activities including sports, dialogue, cultural and musical activities. A beauty contest will be held for females to promote self-care. A contingency of medical staff and care-givers across various provinces are assigned to support the programme.

Details of the programme are as follow:

Date : 21 – 22 March 2024 (Thursday – Friday)

Venue : Hoërskool Nelspruit, City of Mbombela.

Members of the media are invited. For confirmation, contact **Mr Centie Ngubane** (Social Development) on 076 941 7887 or **Ms Sibongile Mkani-Mpolweni** (Premier's Spokesperson) on 082 967 2138.

Ends...

Issued by the Mpumalanga Provincial Government

Office of the Premier

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